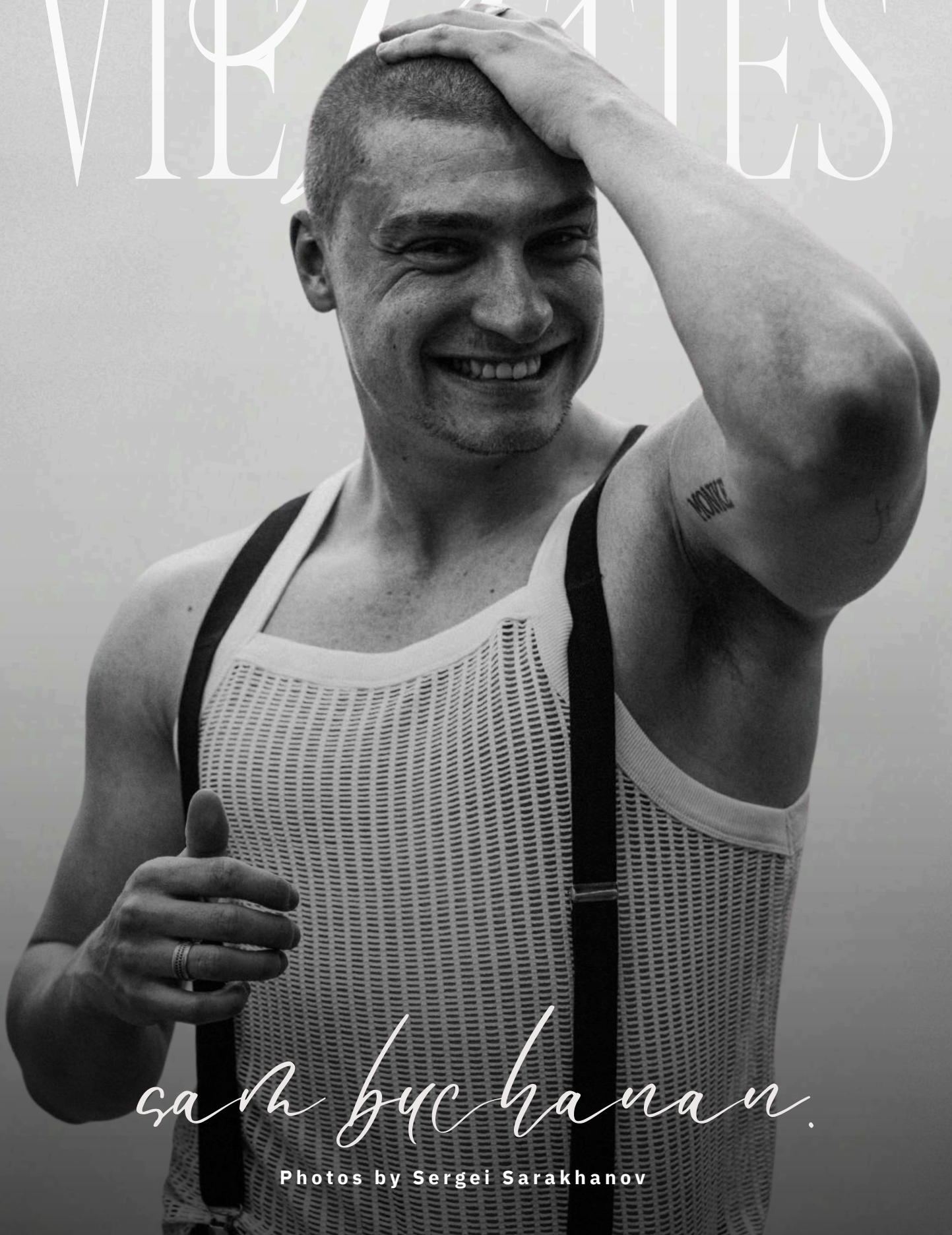


# VIE *ENTRIES*



*sarah by Buchanan.*

Photos by Sergei Sarakhanov

## *Credits.*

Talent. **Sam Buchanan**  
Interview. **Vanesa Miraglia**  
Photography. **Sergei Sarakhanov**  
Stylist. **Bethany Knight**

## *With Thanks to.*

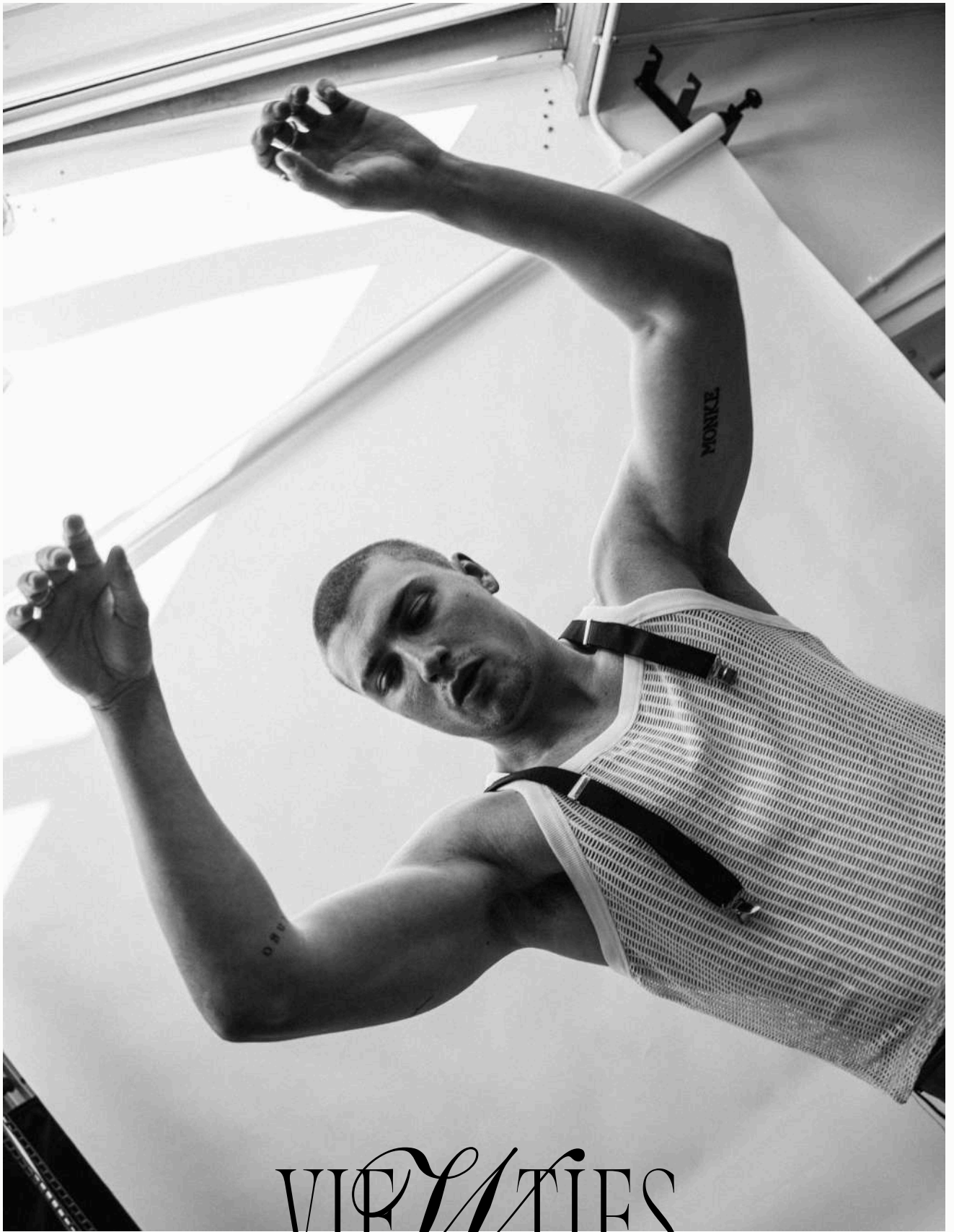
CLD Communications

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Founder / Editor-in-Chief  
**Vanesa Miraglia**

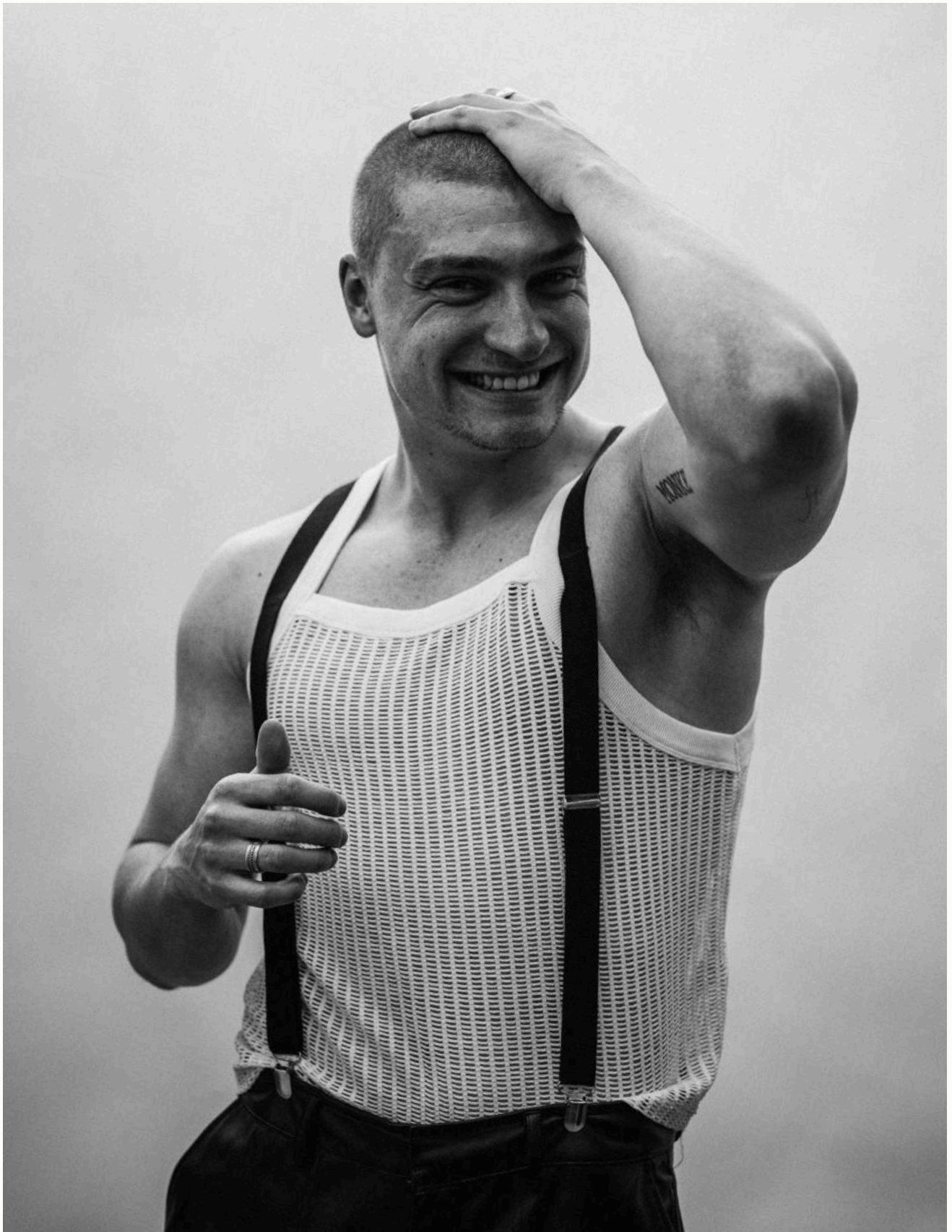
## *Get in touch with us.*

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# VIE TIES

- MAGAZINE -



# SAM Buchanan

In an engaging and thought-provoking conversation, Sam Buchanan's passion for acting shines brightly as he dives into his highly anticipated role in the upcoming film *My Fault: London*. With infectious enthusiasm, he unpacks the complexities of portraying Ronnie, a character driven by deep-seated anger and multifaceted emotions. Sam opens up about the intense preparation he undertook to bring authenticity to this challenging role, revealing the significant emotional and physical toll it demanded. He also draws striking connections between the film's powerful themes of redemption and personal growth and the real-world struggles we all face today. As he reflects on his journey as an artist and the courage that fuels his work and personal life, Sam emerges not just as a gifted actor, but as a passionate one on a mission to leave a lasting impact through his craft.



V: Hi Sam, it's a pleasure to sit down with you today! I want to dive right in because your upcoming projects sound incredibly exciting, particularly your role in the film adaptation of *My Fault: London*. This book has resonated with so many readers. Can you share what drew you to this character and how you relate to his journey?

S: I find antagonistic characters incredibly appealing. Understanding and empathising with why people do things when normally we'd judge them. I was also incredibly excited to be involved in the *Culpa* trilogy universe.

V: It seems like there's a lot of pressure in portraying such a layered character. How do you approach the emotional landscape of a role like this? Do you have a particular method or philosophy that guides you?

S: Ronnie is an exhausting person to play, both physically and mentally. He is a man who is very driven by anger and resentment. I trained for eight to nine weeks prior to make him as physically intimidating as possible. Also, I played with some 'animal studies' and the idea of his fighting style being 'bear' like. Once on set, I immersed myself in music and during the intense parts I tried to keep myself in a zone throughout. It was tiring, but I think we got some great work.

V: Now, considering the themes of *My Fault: London*, which revolve around redemption and personal growth, how do you think these resonate in today's society? Are there elements of the story that you feel particularly align with contemporary issues?

S: I feel like we can all take a leaf out of Nick and Noah's story. Go after what you love, don't let anything stop you.

V: Speaking of connection, you're also part of the BBC's

*Just Act Normal*. How does that project differ from *My Fault: London*, and what is your hope for audiences when they engage with your work in both mediums?

S: My characters differ vastly. One is an empath, and one is a psychopath. Firstly, I hope audiences enjoy both, but on a personal note, I feel very lucky to be able to display such a variety in terms of character development.

V: I'm curious about your thoughts on this: When do you think an actor truly starts to feel like one? Is it when they reach a professional level, win awards, or perhaps when they receive accolades from critics? Or do you believe it's something more internal, like a moment of discovery in their practice? I'd love to hear your perspective!

S: An actor just wants to act. Whether in a low budget short or a blockbuster, if you're being paid to do what you love, you're winning in my opinion. Take every opportunity, learn, meet people, hone your craft and you'll find yourself feeling like an actor much more often.

V: Looking back on your journey, have there been moments when the recognition you received from others didn't quite match how you felt about your own achievements? How do you navigate those different views on success, and how do they inspire your growth as an artist?

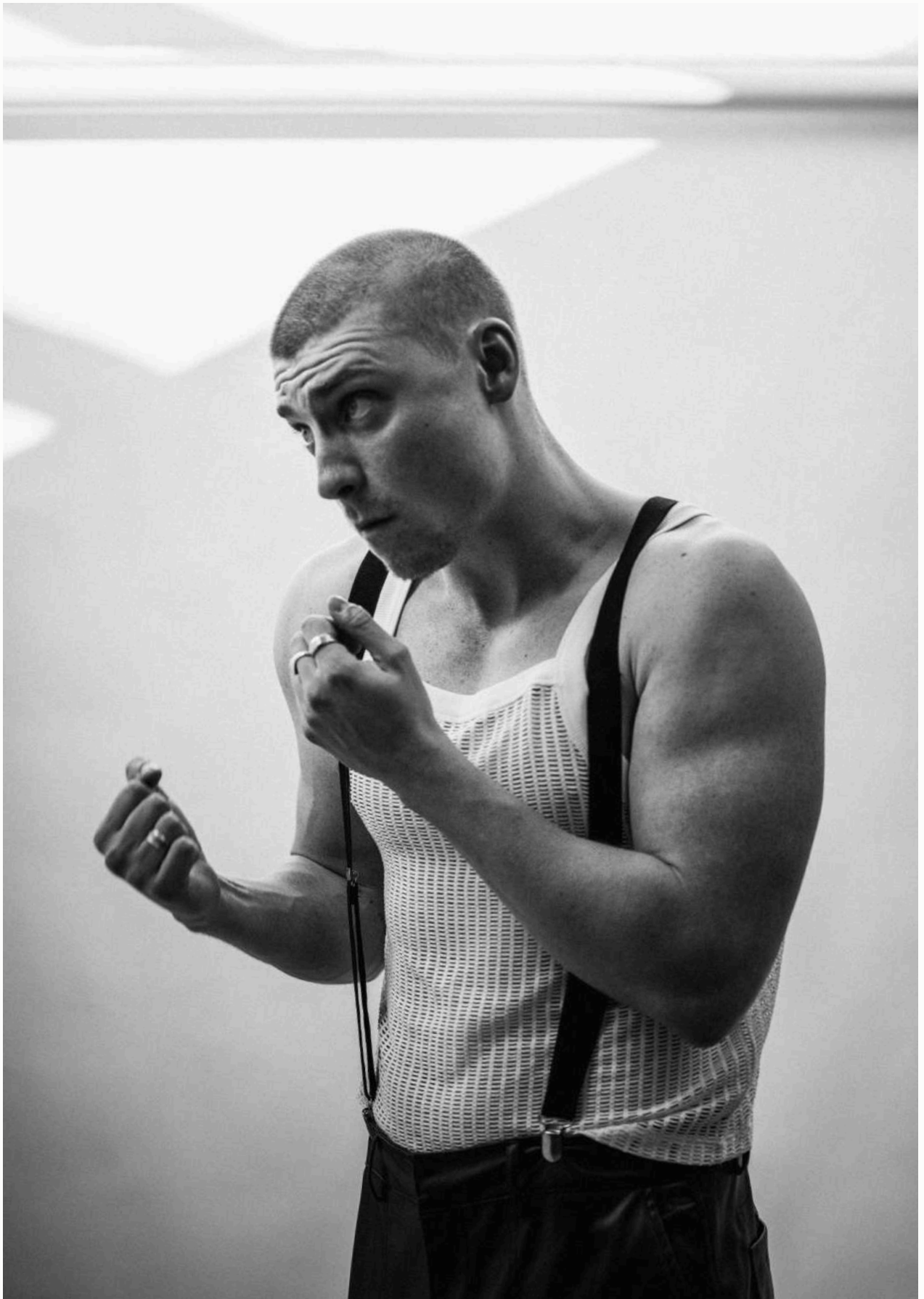
S: Absolutely, but I believe that you have to be able to take praise and criticism. My work is my work, and I ground myself in prep. As long as I know that at the time I did my best work, then I can roll with whatever the feedback. I think that staying in your lane is important, as well as not getting caught up in reviews and opinions. Second guessing your own work is the biggest killer of creativity. Follow instincts, play.

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**Deciding to take myself to therapy was probably one of the most ‘courageous’ things I’ve done. It’s something I wish more men would do.**

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**I'm not afraid to push myself and push the bar.  
I want to be proud of every piece of work  
I'm involved in.**

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V: I'd love to hear your thoughts on something that's both highly sought-after and a bit tricky to pin down—courage. How do you see courage showing up in your life, especially when facing challenges? Do you think it comes from passion, or is it something we earn through our actions? If you're comfortable, could you share any personal experiences that have shaped your view on courage?

S: I see courage every day in my partner, my family, friends, my colleagues. Everyone has their struggles and it's all relative. If I had to choose, on a person-

al level, deciding to take myself to therapy was probably one of the most 'courageous' things I've done. It's something I wish more men would do.

V: As we wrap this up, I'd love to know: what personal philosophies or experiences do you carry with you into your work? How do they shape the stories you choose to tell?

S: I'd really say I'm a worker. I'm not afraid to push myself and push the bar. I want to be proud of every piece of work I'm involved in.

"My Fault: London" will be available on Amazon  
starting February 13th.



# VIE *NTIES*

DIGITAL MAGAZINE